

# H4 50<sup>th</sup> Anniversary Run 2<sup>nd</sup> October 2017



[As at – 28-09-2017 - Check for future updates](#)

## Run / Walk Site –

The run / walk site is at Ridgeway, located in the foothills of 'The Mountain' (aka Mt Wellington), the site of H4's first run.

## The Runs / Walks -

The trails below, cover parts of the original trail where it is possible.

1: A run (6 km±) of approximately an hour, for the middle / back of the pack runners.

There will also be a –

Gutbuster option (6.5km±) towards the end of the above for the really fit hasher who thought the up bits of the run above were too easy.

Medium run option (4.5km±) of the run above if you are starting to feel the strain of the down and up bits because you aren't as fit as you thought you were, or you have drunk too much piss beforehand.

2: A walk / easy run (4.5 km±) of approximately an hour (for walkers and piss weak runners)

There is a shorter 2.5 KM option if you cannot face 4.5km.

3: An even shorter walk (<2 km) for the Hash Beens / BBQ Hashers - that's if you can face leaving the On On site.

## The Weather –

The run site is in the 'shadow' of 'The Mountain'

It is Spring in Hobart.

The sun may be shining. it could be cloudy.

It could be raining, it could even be snowing.

It could be hot, it could be mild and it could be bloody cold.

So, make sure you have appropriate clothing for the runs / walks and post run / walk activities ie 'jockstrap and sandals' if it is hot - polar fleeces and snow shoes if it's snowing.

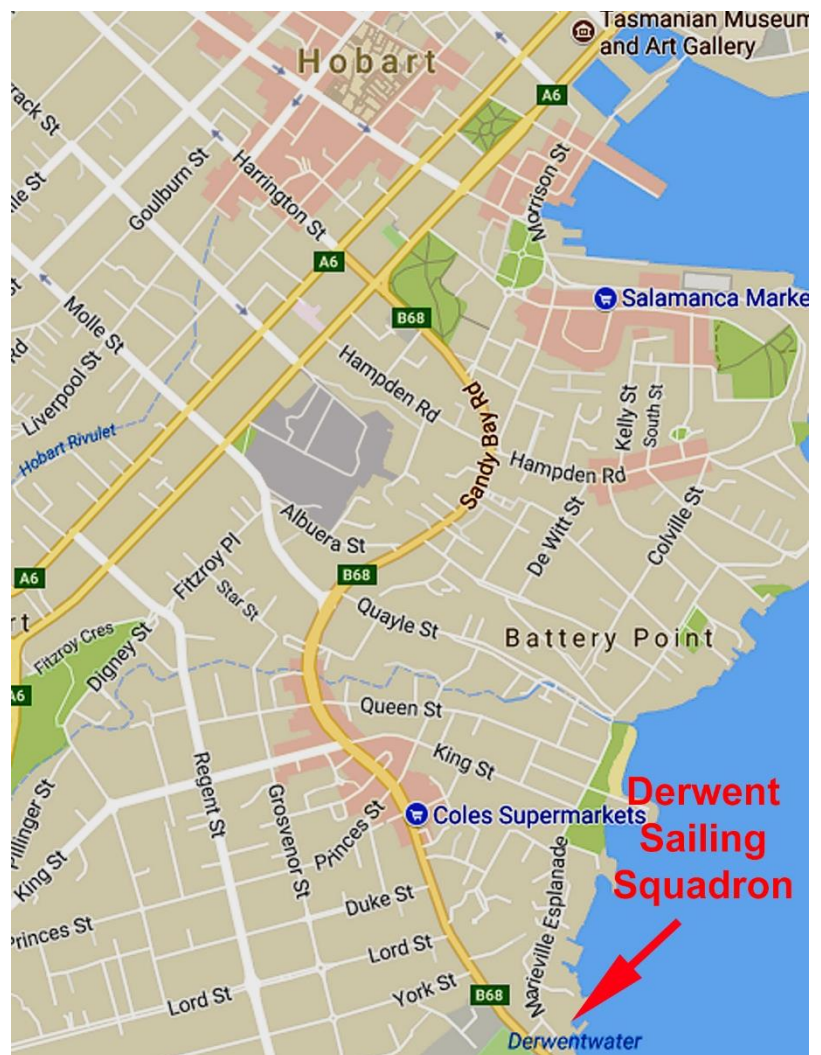
### Getting to / from the Run Site -

You will be taken by bus from the main On On site (Derwent Sailing Squadron)  
**Buses leave at 4:15PM.**

The buses will return to the Derwent Sailing Squadron after post run activities at 7:00PM.

### Main On On Site –

Derwent Sailing Squadron  
23 Marieville Esplanade  
Sandy Bay



### The Program -

**3.00pm - 4.00pm** – At the DSS - Run registration desk open.

Bar will be open for those who wish to meet and have a quick 'heart starter' – any drinks at this point in time are not a part of your run fee.

**4.00pm - 4.15pm** - Loading buses and depart DSS for Ridgeway

**5.00pm** - Commence runs / walks,

**6.00pm - 6.45pm** - Finish runs, 'some' food and drinks plus Hash Lip session

**6.45pm - 7.00pm** - On buses back to DSS

**7.15pm til late** – At the DSS for more food, drink as well as music and entertainment.